

What is Ascension? www.angelcreations.co.uk

Ascension is all about bringing the earth and ourselves further into the light; quickening, making the energies lighter and raising the vibrations. Although these changes have been happening gradually over a period of several years; towards the end of last year the pace quickened and there were several 'portals' when the earth made major leaps forward and this is still continuing to some extent now.

The current ascension process that we are all going through is a very positive thing.

We are very privileged to be on the earth at this time; we are being given a wonderful opportunity for rapid spiritual growth at a soul level. We have chosen to incarnate during this special time for a very good reason. Those of us that are already awakened are being called upon to help others.

You will begin to notice many around you suddenly awakening; asking questions and being interested in spirituality or thinking 'there must be more to life'. You may experience this with some of your family and friends that you least expect to become 'spiritual'. The energy portals are awakening people quite suddenly like a light switch being turned on. There was a major energy shift on 21 December at 11:11. In this 'Cosmic Moment' many more souls began to awaken and those of us that were already enlightened were propelled further forward with our soul purpose and are now being called upon to help those newly awakened souls around us.

For some this awakening process will seem a bit overwhelming. It is very important to remember though that each of us has a whole spiritual team of guides, angels and loved ones on standby to step in and help whenever we need them. In order for them to help us though, we must first ask in our minds for them to intervene and ease things, bring us healing and guidance. Some people won't be aware of their spiritual helpers so you may need to gently guide them or mention that they have guardians watching over them that they can ask in their minds to help them (of course not everyone will understand or accept this but at least you will have tried).

Archangel Metatron is the main Archangel in charge of the current Ascension process. He is a powerful angel who works very closely to God. He heads up a team of Ascension angels that have been brought together especially to help us at this time. They can help endless people at any one time so never hesitate to call upon them. When we call upon them they can work with us to activate and clear important chakras such as the Stellar Gateway and Soul Star to help you follow your soul path. They will carry out powerful chakra healing with Metatron's geometric symbols and shapes. They will also bring you personal activations and attunements to help you with your soul's mission for this life and particularly for the current continuing energy changes. The Archangels carry out this type of work on Angel Creations workshops (more information on the website under workshops).